

Sūrah al-Falaq

The Prophet ﷺ said "Recite Sūrah al-Ikhlās, Sūrah al-Falaq and Sūrah an-Nās three times at dawn and dusk. It will suffice you in all respects.

[Abu Dawud and At-Tirmidhi]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ *

Bismillāhir-Raḥmānir-Raḥīm

In the name of Allāh, Most Merciful, Most Kind.

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ * مِنْ شَرِّ مَا خَلَقَ *

Qul a'ūdhu bi-Rabbil-falaq, Min sharri mā khalaq

I seek refuge in the Lord of the dawn, from the evil of what He creates

وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ *

Wa min sharri ghāsiqin idhā waqab

and from the evil of the dark night when no moon appears

وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ *

Wa min sharrin-naffāthāti fil 'uqad

and from the evil of those who blow spells on tied knots

وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ *

Wa min sharri ḥāsidin idhā ḥasad

and from the evil of the envier when he shows jealousy